



Sibella Circle Member & Visionary Leader

CREATING YOUR LIFE

Going With the Flow

By Corinna Stoeffl

We talked about energy (May issue), we talked about asking questions (June issue). Together they can put us in the flow. Let me give you an example from my own life.

For over a year, I had been playing with doing a radio show or pod casts. The key word here is playing. Energetically, the idea was inviting and I did not choose to do anything with it. Beginning last month, the energy shifted to: Do it, now! Having played with the idea, I had also done some research as to what is out there. Now I contacted the online station I had zeroed in.

A show needs a title, so I sat with the question. I knew all the subject areas I would like to talk about. After a few days without any title coming up, I called a good friend who is willing to toss around ideas without having a point of view. There were some that I liked, one of which I considered the best one, and yet, it wasn't quite it. After another hour, there it was. I dropped a word from the title and it lit me up energetically. Not only would it be an 'umbrella' for all that I had considered talking about, it was the invitation to talk about so much more. The rest came together with total ease.

How often do we have something on our mind and go at it cognitively, just to find out it was not it or not quite it? Using question and energetic awareness allows a non-linear approach and creates a much more satisfactory result.

Asking questions creates awareness which, if we are willing to perceive the energy, allows us to get into a flow where everything comes together with total ease. Only, do we truly desire ease or have we subscribed to hard work; no pain, no gain? We seem to love complexity. At least I did.

What would happen, if you let go of all the conclusions as to how something had to be, had to show up and just sat with a question or two and perceived the energy? **What would happen** if you had ease in creating whatever you desired to create? **What would happen** if you knew that the Universe had your back, even if it does not show up in the way you had decided it had to? What if your life became so filled with ease and fun that there was no longer a place for significance?

By the way, the title of my radio show is: Dancing Your Life. That could be the answer to the last question. I am jumping off a cliff, letting the universe carry me to that which will create more for all. What if we all learn to dance on the wind of life like the ravens I love to watch?

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The road toward manifesting your healing, validating yourself and finding your own personal truth is what DOING THE WORK is all about! — Sibyl English, Founder of Sibyl Magazine: For the Spirit and Soul of Woman

